

Pronunciation Guide

aerobic (AIR-oh-bic)

glucose (GLOO-kohss)

hypoglycemia (HY-poh-gly-SEE-mee-uh)

insulin (IN-suh-lin)

ketones (KEE-tohnz)

prediabetes (PREE-dy-uh-BEE-teez)

seizure (SEE-zhur)